

## **ANNEX 3**

### **Recommended individual health-relating supplies (private purchase)\***

- Sunglasses
- Sunscreen cream ( $\geq 15$  SPF)
- Desert hat
- Antibacterial hand wash
- Mosquito repellent (DEET based)
- Mosquito dome/net (permethrine impregnated)
- Antimalarials (only in high risk of malaria areas)
- Antidiarrheal medication (charcoal/loperamide/bismuth subsalicylate, ciprofloxacin)
- Medication for pre-existing medical condition (if any)
- Antihistamine (if history of allergy); self-injectable adrenaline [Epi-Pen] if history of anaphylaxis)
- Disposable gloves

\*All mission members will be provided with individual first aid kits and PPE (Ballistic vest  
- Ballistic helmet).

### **Minimum security equipment for police/military personnel**

#### **All locations**

- Daypack sized rucksack to be used as a grab bag
- Uniform, including desert boots, for field work
- Uniform for representation (depending on position/rank)
- Nomex type gloves
- Ballistic sunglasses
- Combination tool/knife
- Flashlight
- Thin Goretex shell jacket or similar style water proof jacket

#### **Additional for high-risk locations**

- Travel backpack
- Sleeping bag
- Sleeping mattress
- Fleece jacket or similar style warmer garment to be used in case of emergency